

## LENTEN FOOD CHALLENGE BACK TO BASICS 2023

Thank you to everyone who has wholeheartedly embraced our St. Francis Lenten Food Challenge. We hope that having a weekly focus and reminder has helped you in you help others in our community.

We give thanks for the offering of food each week and then it is donated to Eden Food for Change (our local foodbank).

During the Sundays in Lent—we have asked for “BASICS” from the “Most Needed” list (Salt, Sugar, Olive Oil) and our congregation is coming though. Perhaps this will inspire you to include the food basket as part of your regular Outreach.



St. Francis of Assisi Anglican Church  
6945 Meadowvale Town Centre Circle  
Mississauga, ON L5N 2W7  
905 821-2752  
<http://www.stfrancisaofm.org/>  
Incumbent: Reverend Jeff Brown



## St Francis of Assisi Holy Week and Easter Services 2023



Make me a Channel  
of your Peace

## LENT STUDY

WEDNESDAY EVENINGS IN LENT

We have been holding a Lent Bible Study Group each Wednesday in Lent at 7:30 pm. Some parishioners have opened their homes, some have been held in the church itself.

We have been studying the “I am” statements of Jesus from the gospel of John. Open your bible and see how YOU connect with these different images.



- “I am the bread of life.”  
(John 6:35, 41, 48, 51)
- “I am the light of the world.”  
(John 8:12)
- “I am the door of the sheep.”  
(John 10:7, 9)
- “I am the resurrection and the life.”  
(John 11:25)
- “I am the good shepherd.”  
(John 10:11, 14)
- “I am the way, the truth, and the life.”  
(John 14:6)
- “I am the true vine.”  
(John 15:1, 5)

## PALM SUNDAY

SUNDAY APRIL 2, 2023 SERVICES: 8:30 10

Palm Sunday is the final Sunday in Lent and is the day we commemorate Christ’s triumphant arrival in Jerusalem days before he was crucified. In the gospels, Jesus arrived on a humble donkey and people lauded him waving palm branches and lining his path with them. We will receive blessed palm fronds and crosses and have our own small procession at the 10 am service.



## MAUNDY THURSDAY

THURSDAY APRIL 6, 2023 SERVICE: 7:30 PM

On Maundy Thursday we remember the day that Jesus celebrated the Passover with his disciples. Two important events are the focus. First it was the Last Supper which we continue to celebrate with our Communion every week. Second, Jesus washed the feet of his disciples as an act of humility and service and commanded them to do the same.

Our Maundy Thursday service will end in silence in the dark and we will have a modified watch—leaving the church open for quiet reflection til the last person leaves



## GOOD FRIDAY

FRIDAY APRIL 7, 2023 STATIONS: 8:30  
SERVICE: 10

At St Francis we honour Good Friday with Stations of the Cross service where we carry a cross around the neighbourhood stopping for prayer at each “Station”. We continue with a solemn service of song, prayer, and readings to commemorate the day of Jesus’ crucifixion. This solemn liturgy will take place at 10am



## HOLY SATURDAY

SATURDAY APRIL 8, 2023 SERVICE: 7:30 PM

Holy Saturday is the last day of Lent. The Easter Vigil Mass, which takes place after sundown on Holy Saturday, properly belongs to Easter Sunday, since liturgically, each day begins at sundown on the previous day. It is a formal service that begins outside with the lighting of the new fire. The light will be brought into the church to signify the miracle of Easter. We will use incense at this service.



## EASTER SUNDAY

SUNDAY 9, 2023 SERVICES: 6:30, 8:30 & 10

Alleluia, Christ has Risen! The Lord is Risen Indeed~Alleluia! We have three services on Easter Sunday. The first outside at sunrise (around 6:30 am) and then at 8:30 and 10 am. Bring your bells and ring them in joyful celebration of this most important day in the Christian church.

